



*A Course in Discovering and
Recovering Your Creative Self*

Creative Confidence Course

The work in this course is based on Julia Cameron's book "The Artist's Way". Cameron's step-by-step approach enables you to transform your life towards more self-initiative while helping you to overcome blockages you may be facing. You will replace limiting beliefs, fear, self-sabotage and guilt with self-confidence and productivity. You will get to know yourself better and gain insights and perspectives which will unleash your inner creative being and empower you to shape your life more actively. Millions of people have benefited from this book because it works.

Dates: April 16 – July 2, 2026 (12 Sessions)
Time: Thursday 7pm – 9pm CET (1pm EST, 10am PST)
Language: English
Location: Zoom Meeting (hosted from Berlin)
Price: €190 Early Bird Price until March 16
regular price after that: €240* (Prices in Euro)
Host: Tycho Pfäfflin – Facilitator, Dance Teacher, Coach

In the zoom meetings we alternate between doing solo written exercises and going into confidential exchange/conversation about our discoveries in small breakout rooms or in the larger group. Outside of the meetings you will engage in reading a chapter of the book each week, daily writing, some small extra tasks, and the option to have a 30 min telephone call with one of your fellow participants that you can use to exchange on your discoveries from the given tasks.

»Every Human is an Artist« - Joseph Beuys

We are all creative. Everyone has the potential to become more aware of their personal creative powers. So do you.

Register by sending an email to: tycho@tychopfaefflin.de

... and feel free to contact me with any questions.

*Individual arrangements regarding the price are possible depending on your personal financial situation.